



2025-2026 HANDBOOK

OUR MISSION STATEMENT

The goal of BDA DANCE is to provide excellence in dance education in a nurturing and professional environment. Through the process of our students achievements, with our positive reinforcement, students develop their own personal self-esteem. Through classes, they learn about goal setting, time management and focus. These are lessons they can apply to many areas of their lives. Our focus is to encourage all of our students to work hard, to strive for improvement, have self discipline and be respectful of others. Our students may either dance as a form of recreation while developing grace and poise, or strive to achieve a high level of technique and performing skills which could lead to a professional career.

WE ARE BDA STRONG!

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BDA NEWS

The entire staff at BDA Dance would like to welcome back our returning students and families. A special welcome goes out to our new families. We hope that you and your children have a great experience at BDA Dance. As we begin this new season please know the health and safety of our students is the most important consideration when it comes to how we will operate our business.

Our primary goal is to place each and every student in the class that will be best for their continuing dance education and progress. Please be patient as our staff gets to know every class. We are constantly evaluating our classes and we will make changes as we see necessary. The studio will soon fall into a comfortable flow of classes. Please don't hesitate to ask for a conference with your child's teacher if you have any questions or concerns regarding placement or progress.

BDA is proud to introduce our 2025-2026 All Star Faculty!

Alex Ader, Carissa Baranoski, Bailee Berdis, Abbie Buhay, Kristin Cetta, Lauren Clementi, Luke Konow, Carissa Kramerich, Beth Lottino, Susan Malloy, Hailey Searing, Katie Shaw, Sabrina Smulski, Cindy Olznoi, Phaelon Voss, Sarah Wiers

BDA is proud to announce new faculty members- Breyanna Angara, Cailee Butler and Lily Rosado!

BDA is proud to announce our Student Teachers!

Kenzie Shaw, Bailee Vitanovec

Thank you for choosing BDA Dance.

We are grateful to you for giving us the opportunity to share our knowledge and love of dance and tumbling with your child

Katie Shaw

Owner/Director BDA Dance

BDA IMPORTANT DATES

BDA Open House Saturday Aug 23rd 1:00-3:00pm

Classes begin Tuesday September 2nd

Halloween Closed -Friday October 31st

Parent Observation Week November 3rd - November 8th

Thanksgiving Closed- Thursday November 27th

Christmas Break Closed Monday December 22nd- Saturday January 3rd
Classes Resume Monday January 5th

Parent Observation Week March 16th- 21st

Spring Break March 30th – April 4th
Classes Resume Monday April 6th

Memorial Day May 25th Studio Closed

BDA Acro Showcase TBD

BDA In Studio Rehearsal Week - June 24th-June 26th

BDA Dress Rehearsal Saturday June 27th Oswego East High School

BDA Recitals Sunday June 28th Matinee & Evening Show
Oswego East High School



ATTENDANCE/MAKE UP CLASSES

ATTENDANCE

You should call or email prior to missing a class with reason you are going to be absent. If a student misses four consecutive classes, they will be removed from that class.

MAKE UP CLASSES

Student or parent must request a makeup class and must be made up within four weeks of missed class.

DROPPING CLASSES

Students should only drop class at the beginning of each month since tuition will not be refunded nor applied to other classes for that month. If at any time you need to withdraw your child you must notify the office. NO REFUNDS OR CREDITS WILL BE GRANTED FOR MISSED LESSONS

TUITION/LATE FEE

BDA DANCE offers a monthly payment plan. Tuition is posted to your account at the beginning of each month and a invoice link will be emailed.

All accounts must be paid before the 15th of every month.

A 10% late fee will be applied to all accounts that remain unpaid after the 15th.

MONTHLY TUITION SCHEDULE

45 MIN. CLASS = \$12.00 PER CLASS

60 MIN. CLASS = \$14.00 PER CLASS

75 MIN. CLASS = \$17.00 PER CLASS

90 MIN. CLASS = \$20.00 PER CLASS

Drop in class rate \$24

STUDENT DISCOUNT CHART

3 HRS/CLASSES PER WK = 10% DISCOUNT

4-5 HRS/CLASSES PER WK = 15% DISCOUNT

5 ¼-7 HRS PER WK = 20% DISCOUNT

7 ¼ + HRS PER WK = 25% DISCOUNT

BDA ANTI BULLYING POLICY

BDA Dance commits to providing a safe, nurturing environment for all students to foster a lifelong love for the art of dance. In order to promote and create the best atmosphere here at BDA Dance we have implemented an anti bullying policy applicable to our students, families and faculty.

BDA Dance will not tolerate physical, emotional, cyber or any other form of bullying which we define as any physical, verbal or written behavior (either electronically or in person) directed to harm another.

BDA Dance defines bullying as any behavior (physical, verbal, or written) that targets another dancer, teacher, employee of BDA Dance or member of one of our dance families. We consider any behavior bullying if it physically or emotionally harms anyone; if it targets anyone for any actual or perceived characteristics; or if it creates a negative environment in our dance studio. If any student, teacher, or dance family engages in any form of bullying activity they will no longer be welcome at BDA Dance. Any student, parent or faculty member that witnesses any form of bullying must contact Katie Shaw - Owner and Director of BDA Dance immediately

CLASS DESCRIPTIONS

CREATIVE MOVEMENT- Age 2- Through the use of music, props and games this class will introduce basic movement to your child.

PRE-SCHOOL BALLET- must be age 3 by September 1st. Students begin ballet strengthening exercise, as well as ballet barre, ballet positions and body awareness. They learn to follow teachers' instruction while interacting in a social environment.

PRE-BALLET/TAP- must be ages 4-5 by September 1st. Students study ballet barre, ballet positions and body awareness. Through tap, they develop rhythm and musicality.

BALLET- a continuation in a structured class with emphasis on technique at the barre, center floor and across the floor.

POINTE- Pointe class is designed for students who are 12 and older who have developed the necessary strength, technique, and maturity to safely and effectively dance en pointe. This specialized class focuses on further refining ballet technique while building the specific physical demands required for pointe work. Consistent enrollment in Ballet class is mandatory with two classes preferred.

BALLET TECH - This class is designed to improve the dancer's technical training.

JAZZ - a stylized form of dance which incorporates ballet for technique. Students do basic warm-up, isolations, across the floor combos, leaps, turns and center combinations

KINDER JAZZ - must be enrolled in Kindergarten by Sept 1st. Dancers will do fun beginner jazz warm-ups, movements and jazzy combos set to the latest kids music.

LEAPS AND TURNS - is a technique based class, focusing on jump and turn combinations along with proper alignment, strength and flexibility.

TAP- a form of dance where rhythmic sounds are made through the articulation of the feet, while focusing on rhythm and musicality.

CONTEMPORARY -(must be 8 yrs. old enrolled in Ballet) a style of expressive dance that combines elements of several dance genres including modern, jazz, and classical ballet.

YOGA- A level 1 vinyasa yoga class consisting of basic poses sequenced at a moderate pace. Vinyasa (or "flow") yoga links breath with movement to create a flowing meditation in movement. For beginner to intermediate students.

HIP HOP – This high-energy, dynamic class explores the free-style essence of hip hop, drawing inspiration from street dance and current trends. Students will master fundamental techniques, enhance their rhythm, and improve coordination.

KINDER HIP HOP – must be enrolled in Kindergarten by Sept 1st. A fun, high energy dance class introducing basic beginner hip hop movements to age appropriate fun, funky music.

BOYS HIP HOP- Unleash Your Inner Groove! **Get ready to move, boys!** We're thrilled to announce the launch of our brand new HipHop dance class, created specifically for boys aged 9 and up who are ready to explore the exciting world of dance.
All levels are enthusiastically welcomed

ACROBATICS– focuses on developing good balance, flexibility, agility and coordination while executing tricks and physical feats.

STRETCH AND FLEX- for ages 12 and up-A class designed to target your stamina, strength, and limbering ability. Cardio enhanced warm ups to push your endurance. Full body exercise to boost muscle stability. Learn training techniques that will provide muscle awareness, and injury prevention. Utilize training to increase your flexibility head to toe. A well rounded workout to help you conquer any personal goal. **No acro training required.**

OPEN TUMBLE- for ages 12 and up (or Acro 3, 2, and 1 enrollment) Class for athletes to train their skill of choice, under supervision of a trained tumbling instructor. Open space to power tumble. Great opportunity to receive technique suggestions, correct spotting, and extra time to practice. **Enrollment in Stretch and Flex required.**

